

BANDAR.

PERSIAN PRIME RESTAURANT
SINCE 1996

Starters

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| <p>EGGPLANT (KASHK-O BADEMJAN)
<i>A medley of eggplant, sauteed fresh garlic and onion with a topping of homemade yogurt</i></p> <p>DOLMEH (STUFFED GRAPE LEAVES)
<i>Mixture of split peas, tarragon, basil, parsley, cilantro, chives, rosemary, rice stuffed and cooked in grape leaves</i></p> <p>SPANAKOPITA - (FROM THE OVEN)
<i>Traditional phyllo dough, spinach, garlic, & feta cheese</i></p> <p>SHALLOT DIP (MUST-O MOSIER)
<i>Special homemade yogurt and shallots</i></p> <p>CUCUMBER DIP (MUST-O KHIYAR)
<i>Homemade yogurt mixed with chopped cucumber and mint</i></p> <p>CLASSIC HUMMUS
<i>Pureed garbanzo and sesame tahini, with extra virgin olive oil & freshly squeezed lemon juice</i></p> <p>AVOCADO HUMMUS
<i>Avocado, pureed garbanzo, cilantro, sesame tahini, extra virgin olive oil and freshly squeezed lemon juice</i></p> | <p>12.</p> <p>12.</p> <p>12.</p> <p>8.</p> <p>8.</p> <p>10.</p> <p>12.</p> | <p>PESTO HUMMUS
<i>Organic basil pesto, pureed garbanzo, sesame, tahini, extra virgin olive oil & freshly squeezed lemon juice</i></p> <p>GROUP APPETIZER (VEGETARIAN)
<i>Feta & olives, hummus classic, eggplant & cucumber dip</i></p> <p>LENTIL SOUP
<i>A delicious mixture of lentils, onions, celery, carrots, parsley, tomato and special house seasoning</i></p> <p>BANDAR SALAD (SERVES 2-4)
<i>Organic mixed greens, romaine hearts, cucumber, feta, tomatoes & special house dressing (olive oil, lime juice)</i></p> <p>BANDAR SALAD (INDIVIDUAL)</p> <p>SHIRAZI SALAD
<i>A mixture of fresh chopped cucumbers, tomatoes, onions, and house dressing (olive oil, fresh lime juice, mint)</i></p> <p>SIDES
<i>Feta & Olive, Torshi, Pickles, Plain Yogurt, Tadig - 1-3 toppings (limited availability)</i></p> | <p>11.</p> <p>32.</p> <p>8.</p> <p>12.</p> <p>6.</p> <p>12.</p> |
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Prix Fixe Menu

Starter

CLASSIC HUMMUS

Pureed garbanzo and sesame tahini, with extra virgin olive oil & freshly squeezed lemon juice

Salad

Organic mixed greens, romaine hearts, cucumber, feta, tomatoes & special house dressing (olive oil, lime juice)

Entree

Select One - Served with fluffy basmati rice topped with saffron rice

WORLD FAMOUS CHICKEN

Juicy chunks of charbroiled boneless chicken tenderloin

LAMB CHOP (Shish Lik)

Marinated flavorful "french-cut" lamb chop

SHISH KABOB (Prime Center-Cut Filet Mignon)

Marinated chunks of filet mignon charbroiled & served with grilled vegetables (tomato, onion & bell pepper)

WILD KING SALMON

Charbroiled and Coated with a mixture of garlic, fresh lemon, saffron and seasoning, served with grilled vegetables (tomato, onion and bell pepper)

EGGPLANT STEW (Gheimh Bademjan)

A medley of eggplant, yellow split peas, sautéed onions, in a fresh tomato based sauce, served with grilled vegetables

Additional Option

add dessert for an additional \$6

*Our food is organic, gluten free and charbroiled. We use fresh ingredients with no artificial additives. *please note: consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*

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Entrees

All Entrees are Served with Traditional Fluffy Basmati Rice topped with Saffron Rice

Beef		Lamb	
SOLTANI (Prime Center-Cut Filet Mignon)	36.	LAMB SHANK	21.
<i>Combination of charbroiled filet mignon and a strip of seasoned ground filet (barg and koobideh)</i>		<i>A whole baby spring lamb shank, simmered in fresh tomato based sauce and spices</i>	
BARG (Prime Center-Cut Filet Mignon)	30.	BAGHALA POLO	24.
<i>Our signature cut of marinated charbroiled filet mignon</i>		<i>A whole baby spring lamb shank, simmered in fresh tomato based sauce & spices, served with dill & lima bean rice</i>	
KOOBIDEH (Ground Filet)	18.	LAMB CHOP (Shish Lik)	34.
<i>Two juicy strips of charbroiled seasoned ground filet</i>		<i>Marinated flavorful "french-cut" lamb chop</i>	
SHISH KABOB (Prime Center-Cut Filet Mignon)	39.	BONELESS LAMB	34.
<i>Marinated chunks of filet mignon charbroiled & served with grilled vegetables (tomato, onion & bell pepper)</i>		<i>Boneless lamb tenderloin marinated, charbroiled to your taste and served with grilled vegetables</i>	
LUBIA POLO	18.	Combination	
<i>Diced filet mignon and fresh green beans with caramelized onions, cooked in a fresh tomato based sauce, mixed with basmati rice and served with a strip of ground filet</i>		BANDAR SPECIAL (Recommended For 2)	54.
		<i>Your choice of any two charbroiled entrees, served with grilled vegetables. **combination entrees excluded</i>	
Poultry		Seafood	
<i>All chicken is marinated in saffron, onion, fresh lemon juice</i>		WILD KING SALMON	29.
WORLD FAMOUS CHICKEN	23.	<i>Charbroiled and Coated with a mixture of garlic, fresh lemon, saffron and seasoning, served with grilled vegetables (tomato, onion and bell pepper)</i>	
<i>Juicy chunks of charbroiled boneless chicken tenderloin</i>			
CHICKEN SALAD	28.	Stew	
<i>Our World Famous Boneless Chicken Tenderloin served with a fresh organic green salad</i>		GOURMET STEW (Ghormeh Sabzi)	24.
CHICKEN COMBINATION	27.	<i>Steamed and sauteed fresh herbs, red beans, traditional dried lime, cooked with baby spring lamb shank</i>	
<i>Combination of our World Famous Boneless Chicken Tenderloin and a strip of Koobideh</i>		EGGPLANT STEW (Gheimeh Bademjan)	24.
ADAS POLO (Lentils Rice & Chicken)	27.	<i>A medley of eggplant, yellow split peas, sautéed onions, in a fresh tomato based sauce and baby spring lamb shank</i>	
<i>Basmati rice mixed with current raisins, lentils, dates, and saffron, served with charbroiled chicken tenderloin</i>		POMEGRANATE STEW (Fesenjan)	26.
ZERESHK POLO (Barberry Rice & Chicken)	26.	<i>Sweet flavored pomegranate sauce with finely crushed walnuts served with choice of chicken or lamb shank.</i>	
<i>Charbroiled chunks of chicken tenderloin, served with Rice & barberry (sweet and tart red berries)</i>		Vegetarian	
ALBALU POLO (Black Cherry Rice)	26.	EGGPLANT STEW (Gheimeh Bademjan)	22.
<i>Chunks of charbroiled chicken tenderloin, served with rice and black cherry</i>		<i>A medley of eggplant, yellow split peas, sautéed onions, in a fresh tomato based sauce, served with grilled vegetables</i>	
CHICKEN SHISH KABOB	26.	Side Orders	
<i>Charbroiled chicken tenderloin served with grilled vegetables (tomato, onion, bell pepper)</i>		<i>Plain Rice</i>	6.
CORNISH GAME HEN (Joojeh Kabob)	21.	<i>Mixed Rice</i>	8.
<i>Charbroiled chunks of home style cornish game hen</i>		<i>Lentil Rice, Barberry Rice, Black Cherry Rice, Lima Bean Rice, or Green Bean Rice</i>	
CHICKEN BARG	22.	Substitutes	
<i>A thick strip of juicy charbroiled chicken tenderloin</i>		<i>Substitute Rice with Any Mixed Rice, Salad or Half Salad</i>	5.
CHICKEN SOLTANI (Chicken & Beef Combination)	28.		
<i>A thick strip of juicy charbroiled chicken tenderloin with a strip of charbroiled beef ground filet</i>			