

RESTAURANT WEEK MENU*

\$15

STARTER

Choice of:

- TOMATO BASIL SOUP
- SIDE HOUSE SALAD
- SIDE CAESAR SALAD

ENTREE

Choice of sandwich or entree salad:

- URBAN GRILLED CHICKEN SALAD
- ANTIOXIDANT SALAD
- MIXED BEET SALAD
- ASIAN CHICKEN SALAD
- CHICKEN COBB SALAD
- GRILLED CAGE FREE CHICKEN SANDWICH
- GRILLED GRASS FED STEAK SANDWICH
- GRILLED PORTOBELLO MUSHROOM SANDWICH
- GRILLED CAGE FREE CHICKEN CLUB SANDWICH

DESSERT

Choice of:

- CHOCOLATE CHUNK COOKIE
- URBAN COWGIRL COOKIE

\$20

STARTER

Choice of:

- TOMATO BASIL SOUP
- SIDE HOUSE SALAD
- SIDE CAESAR SALAD

ENTREE

Choice of:

- GRILLED CAGE FREE CHICKEN PLATE
- GRILLED GRASS FED STEAK PLATE
- CHIMICHURRI GRASS FED STEAK PLATE
- FOUR UP PLATE
- GRILLED SUSTAINABLE SALMON PLATE

DESSERT

Choice of:

- CHOCOLATE CHUNK COOKIE
- URBAN COWGIRL COOKIE
- CHOCOLATE FLOURLESS CAKE SLICE

URBAN PLATES