

# BANDAR®

PERSIAN PRIME RESTAURANT  
ESTABLISHED 1996

## WE SERVE ONLY THE FINEST

Since all our food is prepared fresh to your order, some selections may take up to 30-40 minutes. We appreciate your patience.

### Starters

<b>EGGPLANT (KASHK-O BADEMJAN)</b> <i>A medley of eggplant, sautéed fresh garlic and onion with a topping of homemade yogurt</i>	16.
<b>DOLMEH (STUFFED GRAPE LEAVES)</b> <i>Mixture of split peas, tarragon, basil, parsley, cilantro, chives, rosemary and rice, stuffed and cooked in grape leaves</i>	16.
<b>FETA AND OLIVE</b> <i>Traditional feta, kalamata olives and walnuts</i>	14.
<b>SHALLOT DIP (MUST-O MOSIER)</b> <i>Special homemade yogurt and shallots</i>	12.
<b>CUCUMBER DIP (MUST-O KHIYAR)</b> <i>Homemade yogurt mixed with chopped cucumber and mint</i>	10.
<b>CLASSIC HUMMUS</b> <i>Pureed garbanzo and sesame tahini, with extra virgin olive oil and freshly squeezed lemon juice</i>	10.
<b>PESTO HUMMUS</b> <i>Organic basil pesto, pureed garbanzo, sesame tahini, extra virgin olive oil and freshly squeezed lemon juice</i>	12.
<b>AVOCADO HUMMUS</b> <i>Avocado, pureed garbanzo, sesame tahini, extra virgin olive oil and freshly squeezed lemon juice</i>	12.
<b>GROUP APPETIZER (VEGETARIAN)</b> <i>Feta and olives, hummus classic, eggplant and cucumber dip</i>	39.
<b>TADIG</b> <i>Fresh crispy rice with 1-3 different stew toppings (limited availability) Plain \$8, one topping \$16, two toppings \$24, three toppings \$37</i>	

### Salad

<b>BANDAR SALAD (SERVES 2-4)</b> <i>Organic mixed greens, romaine hearts, cucumbers, feta, tomatoes, and our special house dressing (extra virgin olive oil, fresh lime juice)</i>	14.
<b>SHIRAZI SALAD</b> <i>A mixture of fresh chopped cucumbers, tomatoes, onions, and house dressing (olive oil, fresh lime juice, mint)</i>	14.

"Bandar prepares the finest Persian food in the city."

-Eleanor Widmer-Reader's

We prepare the finest meals from the best ingredients. Our food is organic, gluten free and charbroiled. We use fresh ingredients with no artificial additives. \*please note: consuming raw or under cooked meats, poultry, seafood, may increase your risk of foodborne illness, especially if you have any food allergies and/or dietary restrictions, certain medical conditions. please inform us immediately as not all ingredients are listed.

A 4% Surcharge will be added to all guest checks to help increasing costs and in our support of the recent increases to minimum wage and benefits for our dedicated team members. We are not responsible for lost or stolen articles-For safety, please no strollers-20% gratuity automatically added to total bill-Additional cake fee-We have the right to refuse service to anyone

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## Entrees

All Entrees are Served with Traditional Fluffy Basmati Rice topped with Saffron Rice

### Poultry

All chicken is marinated in saffron, onion and fresh lemon juice

**WORLD FAMOUS CHICKEN** 32.  
*Flavorful marinated charbroiled boneless chicken tenderloin served with basmati rice and grilled tomato*

**CHICKEN SALAD** 34.  
*Our world famous boneless chicken tenderloin served with a fresh organic green salad*

**ADAS POLO (Lentils Rice & Chicken)** 32.  
*Basmati rice mixed with currents, lentils, dates, and saffron, served with charbroiled chicken tenderloin*

**ZERESHK POLO (Barberry Rice & Chicken)** 32.  
*Savory chicken tenderloin, served with rice and barberry (sweet and tart red berries)*

**ALBALU POLO (Black Cherry Rice)** 32.  
*Charbroiled chicken tenderloin, served with rice and black cherry (may contain cherry seeds)*

**CHICKEN SHISH KABOB** 32.  
*Chicken tenderloin served with grilled vegetables (tomato, onion, bell pepper)*

**CHICKEN SOLTANI (Chicken & Beef Combination)** 39.  
*A thick strip of juicy chicken tenderloin with a strip of beef ground filet (koobideh)*

### Beef

**SOLTANI (Prime Center-Cut Filet Mignon) 16 oz.** 45.  
*Combination of charbroiled filet mignon and a strip of seasoned ground filet (barg and koobideh)*

**BARG (Prime Center-Cut Filet Mignon)** 39.  
*Our signature cut of marinated charbroiled filet mignon*

**KOOBIDEH (Ground Filet) 24 oz.** 32.  
*Two juicy strips of charbroiled seasoned ground filet*

**SHISH KABOB (Center-Cut Filet Mignon)** 55.  
*Marinated chunks of filet mignon charbroiled and served with grilled vegetables (tomato, onion and bell pepper)*

### Lamb

**LAMB SHANK** 32.  
*A whole baby spring lamb shank, simmered in fresh tomato based sauce and spices*

**LAMB CHOP (Shish Lik) 18 oz.** 45.  
*Marinated flavorful "french-cut" lamb chop*

### Seafood

**WILD KING SALMON** 35.  
*Charbroiled and coated with a mixture of garlic, fresh lemon, saffron and seasoning, served with grilled vegetables (tomato, onion and bell pepper)*

### Stew

**GOURMET STEW (Ghormeh Sabzi)** 36.  
*Steamed and sautéed fresh herbs, red beans, traditional dried lime, cooked with boneless lamb stew meat*

**EGGPLANT STEW (Gheimeh Bademjan)** 36.  
*A medley of eggplant, yellow split peas, sautéed onions, in a fresh tomato sauce cooked with boneless lamb stew meat*

**POMEGRANATE STEW (Fesenjan)** 36.  
*Sweet flavored pomegranate sauce with finely crushed walnuts served with choice of chicken or boneless lamb stew meat*

### Vegetarian

**GOURMET STEW (Ghormeh Sabzi)** 29.  
*Steamed and sautéed fresh herbs, red beans, traditional dried lime served with grilled vegetables*

**EGGPLANT STEW (Gheimeh Bademjan)** 29.  
*A medley of eggplant, yellow split peas, sautéed onions, in a fresh tomato based sauce, served with grilled vegetables*

**POMEGRANATE STEW (Fesenjan)** 29.  
*Sweet flavored pomegranate sauce with finely crushed walnuts served with grilled vegetables*

**TRIO STEW** 35.  
*Combination of 3 vegetarian stews served with basmati rice & topped with saffron*

### Sides

**BBQ Bread** 5.

**Side Plain Rice** 6.

**Take-Out Plain Rice** 12.

**Side Mixed Rice** 15.

*Lubia, Adas, Zereshk, Albalu*

*Albalu rice may contain cherry seeds*

### Substitutes

*Substitute rice with any mixed rice* 8.

*Substitute rice with salad* 8.

**For Vegan Options - Ask your Server**